

EZON 宜准

登山运动腕表系列
Professional Hiking Series

使用说明书
Operation Instruction Manual

中

EN

EZON 宜准

M601-1

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1.简介

感谢您购买EZON宜准运动腕表，在使用之前请仔细阅读说明书。了解该产品的功能、操作方法及注意事项。

本表为指针式运动表，除计时功能外，带有指南针、高度计和温度计等功能。

2.功能特征



指针时间



高度计



指南针

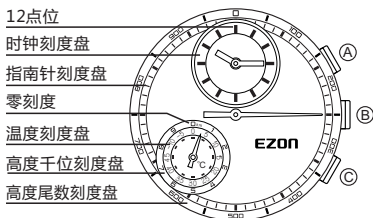


温度计



50米防水

3.表盘，按键和指针



本表有3个功能模式：时间模式、指南针模式、高度计模式，用户需根据所使用的功能选择相应的功能模式。

在不同模式，各指针的功能有所不同，详见各模式说明。

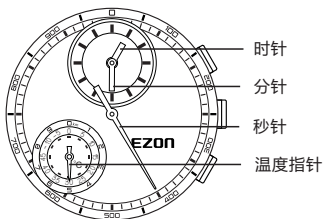
如果操作过程指针不能按照要求转向12点

位或零刻度，说明指针需要校正，校正方法参见第7章。

4.时间和温度计

4.1.时间模式

本表常规为时间模式。当秒针顺时针跳转，说明手表处于时间模式，此时各指针功能如下图。



在时间模式，可查看时间和温度。

4.2.时间设置

1)进入时间设置状态：

在时间模式，按住[B]键直到秒针停止转动；

2)秒针校零：

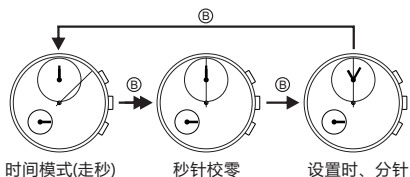
按[A]键或[C]键顺时针或逆时针调整，或按住[A]键或[C]键快速调整，直到秒针正对12点位(如果秒针已指向12点位，可以跳过此步骤)；


3)设置分针和时针：

先按一下[B]键，再按[A]键或[C]键顺时针或逆时针调整，按住[A]键或[C]键快速调整，直到分针和时针指向当前时间；

4)退出时间设置状态：

按[B]键，手表返回时间模式。

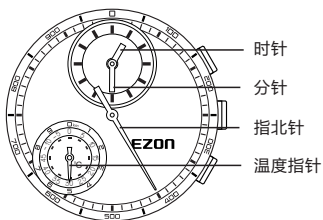


 在时间设置状态，若无按键操作，1分钟后手表自动返回到时间模式。

5.指南针

5.1.指南针模式

在时间模式或高度计模式按[A]键，秒针转向12点位再指向磁北，表示手表进入指南针模式，此时各指针功能如下图。



在指南针模式，可查看方位、时间和温度。

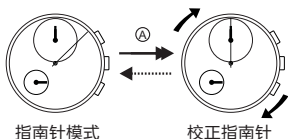
在指南针模式按[B]键，手表返回时间模式(秒针先转向12点位，然后指向当前时间，开始走时)。

5.2.指南针校正

为了确保测量方位的准确性，出现下列情况要进行指南针校正：

- 1)更换电池后；
- 2)到新的地区；
- 3)指南针被磁化；
- 4)指南针测量不准确。

指南针校正方法：在指南针模式，按住[A]键直到指北针停止在12点位，表示进入指南针校正状态；保持手表水平慢速旋转至少2圈(每圈约15秒)，直到指北针重新指向磁北位置，表示校正完成，手表自动返回指南针模式。



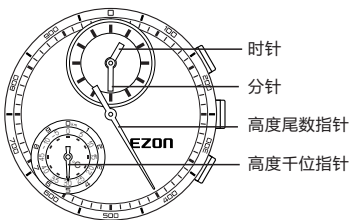
指南针校正过程中，按[B]键可取消校正，手表返回指南针模式。

- ☑ 在指南针校正状态，若无按键操作，30秒后手表自动返回指南针模式。
- ☑ 在指南针模式，若无按键操作，30秒后手表自动回到时间模式。
- ☑ 建议在户外远离磁场的空旷场所校正。

6.高度计

6.1.高度计模式

在时间模式或指南针模式，按[C]键秒针和温度指针分别转向12点位和零刻度，然后指向高度，表示手表进入高度计模式，此时各指针功能如下图。



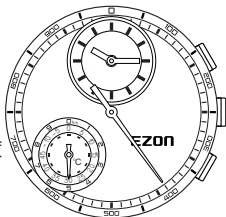
在高度计模式，可查看高度和时间。

在高度计模式按[B]键，手表返回时间模式(秒针先转向12点位，然后指向当前时间，开始走时)。

6.2.高度读数

在高度计模式，高度尾数指针指示1000米内的读数，高度千位指针指示千位读数(读数X1000米)。

如右图：在高度计模式，高度尾数指针指向刻度400，高度千位数指针指向刻度5，表示当前高度是： $5 \times 1000 + 400 = 5400$ 米。



高度计模式

6.3.高度校正

使用本表测量海拔高度前，需先设置当前高度以校正高度计，方法如下：

1)进入高度校正状态：

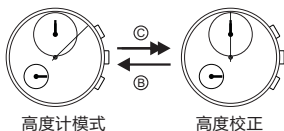
在高度计模式，按住[C]键直到高度尾数指针和高度千位指针分别指向12点位和零刻度；


2)设置当前高度：


按[A]键或[C]键增减高度，按住[A]键或[C]键快速增减高度(高度尾数指针每转动一圈，高度千位指针会自动跳转一格，表示高度增或减1000米)；

3)退出高度校正状态：

按[B]键，手表返回高度计模式。



 在高度校正状态，若无按键操作，30秒后手表自动返回高度计模式；

 在高度计模式，若无按键操作，3分钟后手表自动返回时间模式。

7.指针校正

1)进入指针校正状态：

在时间模式同时按住[A][B][C]3个按键，直到秒针、时针和分针、温度指针均停止不动；

2)调整秒针：

按[A]键或[C]键顺时针或逆时针调整秒针，按住[A]键或按[C]键快速调整，直到秒针指向12点位；

3)调整分针和时针：

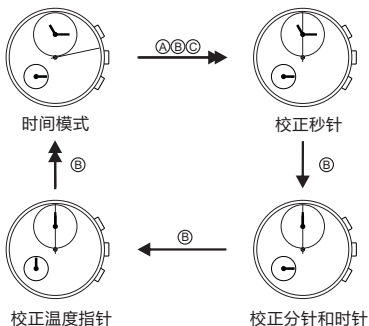
先按一下[B]键，再按[A]键或[C]键可顺时针或逆时针调整分针和时针，按住[A]键或[C]键快速调整，直到分针和时针一起指向12点位；

4)调整温度指针：

先按一下[B]键，再按[A]键或[C]键顺时针或逆时针调整温度指针，按住[A]键或[C]键快速调整，直到温度指针指向零刻度。

5)退出指针校正状态：

按住[B]键，手表返回时间模式。



- ☑ 更换电池后，手表自动进入指针校正状态。
- ☑ 指针校正后需重新设置时间。

8.更换电池

1)



2)



3)



4)



5)



6)



7)



8)



警告 - 请勿挤压或刺穿废旧电池，更不能将其投入火中或水中，以免引起火灾。请正确回收或丢弃废旧电池。

9.防水性

本表具有50米防水性，可佩戴洗手、凉水淋浴、游泳，但不可佩戴潜水和桑拿等。

为保持防水性：

- 1)要定期更换防水圈，一般是1-2年，如不更换可能会因胶圈老化而受潮；
- 2)不能在水中操作按键。

10. 注意事项

警告 - 本表内置的高度，指南针，温度测量功能不能用于精度要求高的专业场合。

注意 - 本表虽然符合行业标准，但本产品与皮肤接触可能产生过敏反应或皮肤刺激。若发生这种情况，请立即停止使用并咨询医生。

注意 - 本表由精密零件组装而成，请不要自行拆卸或粗暴使用。

注意 - 不要在严寒，酷热，温度骤变的环境中佩戴。

注意 - 不要在强磁，强电环境中佩戴。

注意 - 请确保传感器外表干净。

注意 - 请使用软布及清水清洁本表，不要使用洗涤剂、溶剂、杀虫剂等化学品。

注意 - 本表如果出现功能异常，或者内部出现水珠，水雾等，请找有资质的维修点维修。

11. 产品规格

手表走时精度：+/-1秒/天 (+/-30秒/月)

高度计测量范围：0m—9000m

高度计分辨率：10m

温度计测量范围：-10°C—60°C

温度计分辨率：1°C

指南针分辨率：1°

工作温度：-10°C—60°C

电池型号：CR2032

防水等级：50米（普通游泳）

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1.Introduction

Thank you for purchasing EZON sport watch. Please read this operation instruction to know the functions, the way of operation and the safety information before using the watch.

This is a multi-functional watch which combines time, compass, altimeter and thermometer together.

2.Function



Time



Altimeter



Compass

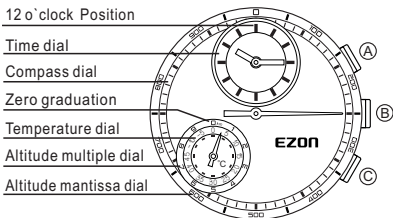


Thermometer



5 ATM

3.Dial, Button and Hands



There are three functions mode in the watch : time mode, compass mode, altimeter mode. You must select corresponding mode before using the function.

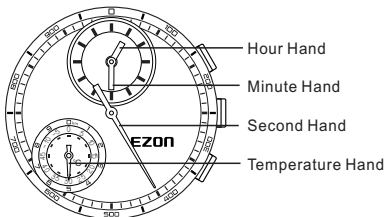
In different modes, the watch hands have different functions. They will be introduced behind.

If the hands can not rotate to 12 o'clock position or zero graduation as required during the operation, you need to calibrate watch hands referring to chapter 7.

4. Time and Thermometer

4.1. Time Mode

The watch is in the time mode usually. While the second hand is running clockwise, it means the watch is in the time mode, and the functions of watch hands are as the following picture.



While the watch is in the time mode, you can view the time and temperature.

4.2. Setting Time

1) Entering into the setting status:

In the time mode, press down button [B] until the second hand stops running;

2) Calibrating Second hand:

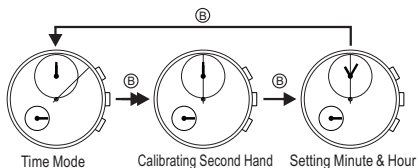
Press button [A] or [C] to rotate the second hand clockwise or anticlockwise, or press down button [A] or [C] to rotate the second hand quickly, to make the second hand point to the 12 o'clock position. (You can skip this step if the second hand points to the 12 o'clock position);


3) Setting minute hand and hour hand :

Press button [B], then press button [A] or [C] to rotate the minute hand and hour hand clockwise or anticlockwise, or press down button [A] or [C] to rotate the minute hand and hour hand quickly, to make the minute hand and hour hand point to current time.

4) Exiting from the setting status:

Press button [B] to return the watch to the time mode.

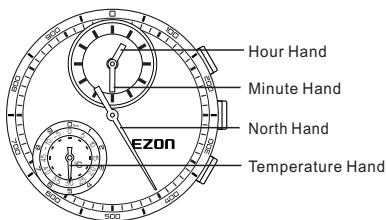


 In the setting time status, the watch will return to the time mode automatically if no button is operated within 1 minute.

5. Compass

5.1. Compass Mode

Press button [A] in the time mode or altimeter mode, the second hand rotate to 12 o'clock position, then point to the magnetic north. It means the watch is in the compass mode, and the functions of watch hands are as the following picture.



While the watch is in the compass mode, you can view bearing, time and temperature.

In the compass mode, press button [B] to return the watch to the time mode (The second hand rotates to 12 o'clock position, then points to the current time and begins running).

5.2. Calibrating Compass

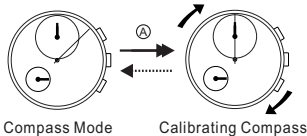
To ensure the accuracy of measurement, the compass need to be calibrated if there is one of the following cases:

- 1)After replacing battery;
- 2)In a new area;
- 3)The compass has been magnetized;
- 4)The measurement error is too large.


The way of calibrating compass is as following:


In the compass mode, press down button [A] until the north hand points to 12 o'clock position. It means the watch is in the compass setting status. Keep the watch level and rotate the watch at least 2 circles slowly (more than 15 seconds for each circle).


When the calibration finishes, the north hand points to the magnetic north, and the watch returns to the compass mode automatically.



In the process of compass calibration, press button [B] to cancel calibration and return the watch to the compass mode.

 The watch will return to the compass mode automatically if no button is operated within 30 seconds in the compass calibration status.

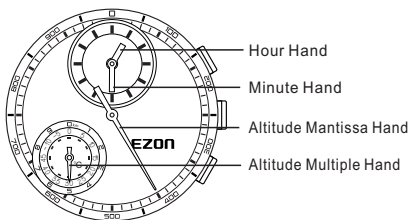
 The watch will return to the time mode automatically if no button is operated within 30 seconds in the compass mode.

 Please calibrate compass in outdoor spacious area where is far from magnetic field.

6. Altimeter

6.1. Altimeter Mode

Press button [C] in the time mode or compass mode, the second hand and temperature hand will rotate to 12 o'clock position and zero graduation respectively, then point to altitude, it means the watch is in the altimeter mode, and the functions of watch hands are as the following picture.



While the watch is in the altimeter mode, you can view altitude and time.

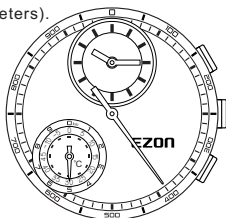
In the altimeter mode, press button [B] to return the watch to the time mode (the second hand rotates to 12 o'clock position, then points to the current time and begins running).

6.2. Getting Altitude Readings

In the altimeter mode, the altitude mantissa hand indicates the altitude within 1000 meters, and the altitude multiple hand indicates the altitude in thousands digit (reading x1000 meters).

For example, in the altitude mode, altitude mantissa hand points to 400, and altitude multiple hand points to 5, it means the current altitude is:

$$5 \times 1000 + 400 = 5,400\text{m.}$$



Altitude Mode

6.3. Calibrating Altitude

Before measuring altitude with this watch, please set the current altitude to calibrating altitude. The way is as following:

1) Entering into the altitude calibration status:

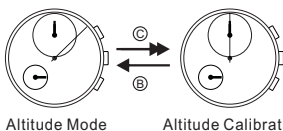
In the altimeter mode, press down button [C] until the altitude mantissa hand and altitude multiple hand rotate to 12 o'clock position and zero graduation respectively;


2)Setting current altitude:


Press button [A] or [C] to rotate the altitude mantissa hand clockwise or anticlockwise, or press down button [A] or [C] to rotate the hand quickly (when altitude mantissa hand rotates a circle, the altitude multiple hand will rotate a cell in the same direction which indicates altitude plus or minus 1000 meters), to make the hands point to the current altitude;

3)Exiting from the altitude calibration status:

Press button [B] to return the watch to the altitude mode.



 The watch will return to the altitude mode automatically if no button is operated within 30 seconds in the altitude calibration status.

 The watch will return to the time mode automatically if no button is operated within 3 minutes in the altitude mode .

7. Calibrating Hands

1)Entering into the watch hand calibration status:

In the time mode, press down button [A] & [B] & [C] together until the second hand, hour hand, minute hand and temperature hand stop;

2)Calibrating the second hand:

Press button [A] or [C] to rotate second hand clockwise or anticlockwise, press down button [A] or [C] to rotate quickly, to make the second hand point to 12 o`clock position;

3)Calibrating the minute hand and hour hand:

Press button [B], then press button [A] or [C] to

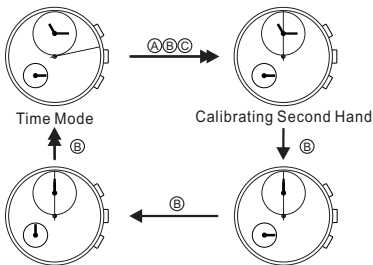
rotate minute hand and hour hand clockwise or anti-clockwise, press down button [A] or [C] to rotate quickly, to make the minute hand and hour hand point to 12 o'clock position;

4)Calibrating the temperature hand:



Press button [B], then press button [A] or [C] to rotate temperature hand clockwise or anticlockwise, or press down button [A] or [C] to rotate quickly, to make the temperature hand point to zero graduation.

5)Exiting from the watch hand calibration status:

Press down button [B] to return the watch to the time mode.



Calibrating Temperature Hand Calibrating Minute Hand and Hour Hand

-  The watch will enter into the watch hand calibration status automatically after the battery is replaced.
-  You should reset time after calibrating hands.

8.Replacing Battery

1)



2)



3)



4)



5)



6)



7)



8)



Warning: In order to avoid the fire, please do not crush, puncture or even throw the used battery in fire or water. And please recycle or deal with it in reasonable way.

9. Water Resistant

This watch is water resistant to 5 ATM. It is no problem to wear it while washing hands, having shower with cold water, and swimming, but not diving or sauna, and so on.

In order to maintain the waterproof function:

- 1) Replacing the rubber O-ring regularly (1-2 years in general). If not, the watch may be damp due to the aging of the O-ring.
- 2) Do not press any button in the water.

10. Safety Information

Warning: The altimeter, compass, thermometer in the watch cannot be used in professional field where require high accuracy.

Note: This watch complies with industrial standards, if there is any allergic reaction or skin irritation, please stop wearing it and consult a doctor.

Note: This watch consists of precision electronic parts, please do not dismantle by yourself or use roughly.

Note: Please do not wear this watch in the environment of severely cold, extremely hot, temperature changing rapidly.

Note: Please do not wear this watch in the environment with strong magnetism or electricity.

Note: Please make sure to keep the sensor surface clean.

Note: When cleaning our watch, please use soft cloth and clean water without detergent, solvents, pesticide.

Note: If there are abnormal functions of our watch or water mist in the watch, please find a qualified service center to repair.

11. Specification

Time Precision: +/-1 second/day

(+/-30 seconds/month)

Altitude Display Range: 0m—9000m

Altitude Resolution: 10 m

Thermometer Measurement Range: -10°C—60°C

Thermometer Resolution: 1°C

Compass Resolution: 1°

Operating Temperature: -10 °C—60°C

Battery Model: CR2032

Water Resistant: 5 ATM (normal swimming)